

Amal Kam Nafa Zeyada With Manzil

# LESS EFFORT MORE REWARD

## INVOCATIONS AND SUPPLICATIONS FOR

- Protection from sorcery, witchcraft, jinn, evil spirits etc.
- Protection from thieves, oppressors and enemies
- Protection from losses of all hues
- Benefits of this world and the Hereafter.

COMPILED BY

Hazrat Haji Shakeel Ahmad Sahab (D.B.)

Mujaz-e- Bai'at, Hazrat Mufti Muhammad Haneef Sahab (R.A.)



عَمَلٌ قَلِيلًا وَأُجْرٌ كَثِيرًا - (بخاری)

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

نَحْمَدُهُ وَنُصَلِّي عَلَى رَسُولِهِ الْكَرِيمِ وَعَلَى آلِهِ وَأَصْحَابِهِ أَجْمَعِينَ -

In the name of Allah, the most Beneficent, the most Merciful.

My dear friend Shakeel Ahmed has compiled a collection of invocations and supplications for the benefit of fellow Muslims. These supplications were taught by the Holy Prophet (pbuh) to His companions on different occasions. The Quran says:

وَمَا يَنْطِقُ عَنِ الْهَوَىٰ -

It, therefore, follows that these supplications which the Prophet (pbuh) has taught, are the Divine revelations. Allah (swt) has taught us through these Prophetic teachings, how to



beseech Him (swt). When the way to ask for His (swt) favours is taught by Allah (swt) Himself, there remains no doubt that the prayers will be answered.

Therefore, it is recommended that the supplications and the invocations compiled in this book are made use of to reap the benefits of this world and the Hereafter.

Mufti Mohd. Haneef Jaunpuri.





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In the name of Allah, the most beneficent, the most merciful.

## **FOREWORD**

Allah (swt) has bestowed each human being with a lot of favours in this world. Besides, there are certain troubles and miseries too that become a part of our lives. To overcome them, man first resorts to the worldly solutions based on his own understanding and others' experiences. By using these remedies, sometimes he meets with success and the problems are solved. But on a few occasions, these remedies do not work and the problems persist. The man smells mischief. The needle of suspicion points in different directions. The relatives are suspected; the neighbours are suspected; and the partners are suspected. This suspicion drives him to seek solution from different sources. The visits to the soothsayers, spiritual healers, and the sorcerers start.

In the present age of declining values, sincere people are very rare to be found - be it in any walk





of life. In this case too, the genuine spiritual healers are hard to be found. The professional practitioners (the commercial types) are available aplenty. Most of the times, the man becomes a willing victim of these professionals. And once he gets caught in their cobweb, it is difficult for him to free himself from them. He wastes his time; squanders his money, and sometimes loses his/her honour and chastity. Faith is the first casualty in such situations. As he gets deeper in to this whirlpool, his problems multiply.

It is in this context that I felt the need to make the teachings of the Holy Prophet (pbuh) known to all and sundry, so that they can save themselves from getting trapped in to such situations. They can do their own healing and save themselves from the clutches of these fleecy professionals.

In this booklet, the starting chapter titled 'MANZIL' contains verses from the Holy Quran, which is a tried- and- tested remedy and is of great benefit in the cure against sorcery, witchcraft etc. Towards the end of 'MANZIL', there are certain supplications which act as a panacea against such afflictions.



Other supplications in this booklet, if made a daily routine, will benefit the man in this world and the Hereafter.

I am convinced that by making this Prophetic remedy a routine, one can get rid of all the troubles and miseries. But one should have complete faith in it for it to work. And it should be practiced regularly.

I pray to Allah (swt) to accept this petty endeavour of mine. I also pray to Allah (swt) that He (swt) reward appropriately, each and every person who has been of help in bringing out this booklet. I also pray to Allah (swt) that He (swt) reward all those authors whose books I have benefited from in compiling this booklet.

Note: Abandoning the regular obligatory prayers is inviting troubles. Let me make it very clear that the supplications in this booklet will benefit only when the obligatory prayers are performed with regularity.

Seeking blessings,

Shakeel Ahmed  
Panvel, Mumbai

**READ, READ, MUST READ****SUPPLICATION FOR PROTECTION OF FAITH**

Hazrat Abu Bakr Siddique (raa) relates that the Holy Prophet (pbuh) said: "Polytheism is so deeply entrenched in you people that it is more invisible than an ant moving on a black stone. Shall I not teach you a supplication which when recited will rid you of mild and grave polytheism?" Hazrat Abu Bakr Siddique (raa) said, 'O Messenger of Allah(pbuh) ! Please teach us.' The Holy Prophet (pbuh) said: "Invoke this supplication three times a day."

اَللّٰهُمَّ اِنِّىْ اَعُوْذُبِكَ اَنْ اُشْرِكَ بِكَ وَاَنَا اَعْلَمُ  
وَاَسْتَغْفِرُكَ لِمَا لَا اَعْلَمُ - (کنز العمال جلد ۳۰ باب الشِّرْک الخفی)



## HOW TO RECITE 'MANZIL'

'MANZIL' should be recited in a reasonably low voice, every morning and evening, or once before going to sleep. If it is being recited for the protection of shop, it should be done in the shop. And if it is being recited for protection of the house, it should be recited there. Alternatively, after reciting 'MANZIL', one can also blow over a pot of water and sprinkle this water in the shop or in the house. In the case of affliction of jinns and evil spirits, this practice should be made a routine. It is better that it is recited twice a day. If not, it must be recited at least once a day without fail. In this way, if this routine is continued for 40 days, and the affected person is made to drink from the blown-over water, the effects of affliction will vanish.

In the same way, if there exists a fear of thieves, robbers, oppressors or if protection from beasts is sought, this recitation is very effective. It is a tried-and-tested remedy in getting rid of all types of troubles and calamities. We ourselves should recite it, and instruct our women and children to



do it. Allah willing, we will get protection from all types of difficulties and troubles. And will receive Divine help.

Hazrat Moulana Mohd. Talha (son of Moulana Zakariah Kandahlvi) writes: 'Among our family elders, 'MANZIL' occupied a very special place in spiritual healing. And we were asked to learn it by heart in our childhood itself.'

Note: Certain benefits of 'MANZIL' which are derived from Holy Traditions, have been mentioned in the marginal notes. They should not be recited as an incantation. These marginal notes are meant only to highlight their importance.

If one needs to recite 'MANZIL' without ablution, he should take care not to touch the verses. He may hold the book from where the verses are not printed. But this concession does not apply in case of touching the Holy Quran.





بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ○

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ○ الرَّحْمَنِ الرَّحِيمِ

○ مُلِكِ يَوْمِ الدِّينِ ○ إِيَّاكَ نَعْبُدُ وَإِيَّاكَ

نَسْتَعِينُ ○ اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ○

صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ هُ غَيْرِ الْمَغْضُوبِ

عَلَيْهِمْ وَلَا الضَّالِّينَ ○ ١

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ○

الْم ○ ذَلِكَ الْكِتَابُ لَا رَيْبَ فِيهِ هُ هُدًى

لِّلْمُتَّقِينَ ○ الَّذِينَ يُؤْمِنُونَ بِالْغَيْبِ وَيُقِيمُونَ

الصَّلَاةَ وَمِمَّا رَزَقْنَاهُمْ يُنْفِقُونَ ○ وَالَّذِينَ

يُؤْمِنُونَ بِمَا أُنْزِلَ إِلَيْكَ وَمَا أُنْزِلَ مِنْ قَبْلِكَ ه

1. The Holy Prophet (pbuh) has said that in Surah Fatiha, there is cure for every ailment. (Baihaqy, Darimi) Reciting Surah Fatiha, and blowing over the patient is advised in a Hadith.



وَبِالْآخِرَةِ هُمْ يُوقِنُونَ ۝ أُولَٰئِكَ عَلَىٰ هُدًى

مِّن رَّبِّهِمْ ۚ وَأُولَٰئِكَ هُمُ الْمُفْلِحُونَ ۝ ١

وَالْهُكْمُ لِلَّهِ وََّاحِدٌ ۖ لَا إِلَهَ إِلَّا هُوَ الرَّحْمَنُ

الرَّحِيمُ ۝ اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ ۚ

لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ ۖ لَهُ مَا فِي السَّمَوَاتِ

وَمَا فِي الْأَرْضِ ۖ مَن ذَا الَّذِي يَشْفَعُ عِنْدَهُ

Hazrat Abdullah bin Masood (raa) has said that 10 verses of Surah Baqara are such that if recited in the night, the devil will not enter the house, and the inhabitants of that house shall not encounter anything untoward during that night. If these verses are recited and blown over an insane person, his insanity shall be cured.

Those 10 verses are: 4 opening verses of Surah Baqara + 3 verses from the middle (Ayat al Kursi and the two verses following it) + 3 last verses of Surah Baqara. (Mariful Quran)

إِلَّا بِإِذْنِهِ ۖ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا  
 خَلْفَهُمْ ۖ وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا  
 بِمَا شَاءَ ۚ وَسِعَ كُرْسِيُّهُ السَّمُوتِ وَالْأَرْضَ ۖ  
 وَلَا يَئُودُهُ حِفْظُهُمَا ۚ وَهُوَ الْعَلِيُّ الْعَظِيمُ ۝  
 لَا إِكْرَاهَ فِي الدِّينِ ۚ قَدْ تَبَيَّنَ الرُّشْدُ مِنَ  
 الْغَيِّ ۚ فَمَن يَكْفُرْ بِالطَّاغُوتِ وَيُؤْمِنْ بِاللَّهِ  
 فَقَدِ اسْتَمْسَكَ بِالْعُرْوَةِ الْوُثْقَىٰ ۚ لَا انْفِصَامَ  
 لَهَا ۚ وَاللَّهُ سَمِيعٌ عَلِيمٌ ۝ اللَّهُ وَلِيُّ الَّذِينَ  
 آمَنُوا يُخْرِجُهُم مِّنَ الظُّلُمَاتِ إِلَى النُّورِ ۚ  
 وَالَّذِينَ كَفَرُوا أَوْلِيَهُمُ الطَّاغُوتُ  
 يُخْرِجُونَهُم مِّنَ النُّورِ إِلَى الظُّلُمَاتِ ۚ أُولَٰئِكَ  
 أَصْحَابُ النَّارِ ۖ هُمْ فِيهَا خَالِدُونَ ۝

لِلّٰهِ مَا فِي السَّمٰوٰتِ وَمَا فِي الْاَرْضِ ط وَ اِنْ  
 تُبَدُّوا مَا فِيْ اَنْفُسِكُمْ اَوْ تُخْفَوْهُ يُحَاسِبْكُمْ  
 بِهٖ اللّٰهُ ط فَيَغْفِرُ لِمَنْ يَّشَآءُ وَيُعَذِّبُ مَنْ  
 يَّشَآءُ ط وَاللّٰهُ عَلَى كُلِّ شَيْءٍ قَدِيْرٌ ۝ اَمِنْ  
 الرَّسُوْلِ بِمَا اُنْزِلَ اِلَيْهِ مِنْ رَّبِّهِ وَ  
 الْمُؤْمِنُوْنَ ط كُلُّ اَمِنْ بِاللّٰهِ وَمَلٰئِكَتِهٖ وَكُتُبِهٖ  
 وَرُسُلِهٖ ۚ لَا نُفَرِّقُ بَيْنَ اَحَدٍ مِّنْ رُّسُلِهٖ ۚ  
 وَقَالُوا سَمِعْنَا وَاَطَعْنَا غُفْرَانَكَ رَبَّنَا  
 وَاِلَيْكَ الْمَصِيْرُ ۝ ١

[The Holy Prophet (pbuh) has said:” Allah (swt) has concluded Surah Baqara with two verses (Aaman-ar Rasoolu.....till end) that have been bestowed upon me from the special treasure which exists beneath the Arsh (the Throne of Allah). Therefore one must learn these verses oneself and make his womenfolk and children learn them too.”(Mustadrak, Hakim, Baihaqi)

لَا يُكَلِّفُ اللَّهُ نَفْسًا إِلَّا وُسْعَهَا<sup>ط</sup> لَهَا مَا  
 كَسَبَتْ وَعَلَيْهَا مَا اكْتَسَبَتْ<sup>ط</sup> رَبَّنَا لَا  
 تُؤَاخِذْنَا إِنْ نَسِينَا أَوْ أَخْطَأْنَا رَبَّنَا وَلَا  
 تَحْمِلْ عَلَيْنَا إِصْرًا كَمَا حَمَلْتَهُ عَلَى الَّذِينَ  
 مِنْ قَبْلِنَا رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ  
 لَنَا بِهِ<sup>ج</sup> وَاعْزُ<sup>ه</sup> عَنَّا<sup>وَلله</sup> وَاعْفُ<sup>وَلله</sup> لَنَا<sup>وَلله</sup>  
 وَارْحَمْنَا<sup>وَلله</sup> أَنْتَ مَوْلَانَا فَانصُرْنَا عَلَى  
 الْقَوْمِ الْكَافِرِينَ ○

شَهِدَ اللَّهُ أَنَّهُ لَا إِلَهَ إِلَّا هُوَ<sup>و</sup> وَالْمَلَكَةُ  
 وَأُولُوا الْعِلْمِ قَائِمًا بِالْقِسْطِ<sup>ط</sup> لَا إِلَهَ إِلَّا هُوَ  
 الْعَزِيزُ الْحَكِيمُ<sup>ط</sup>

قُلِ اللَّهُمَّ مَالِكِ الْمُلْكِ تُؤْتِي الْمُلْكَ مَنْ



تَشَاءُ وَتَنْزِعُ الْمُلْكَ مِمَّنْ تَشَاءُ ۚ وَتُعِزُّ مَنْ  
تَشَاءُ وَتُذِلُّ مَنْ تَشَاءُ ۖ بِيَدِكَ الْخَيْرُ ۖ إِنَّكَ  
عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ ۝ تَوُجِّعُ اللَّيْلَ فِي النَّهَارِ  
وَتَوُجِّعُ النَّهَارَ فِي اللَّيْلِ ۚ وَتُخْرِجُ الْحَيَّ مِنَ  
الْمَيِّتِ وَتُخْرِجُ الْمَيِّتَ مِنَ الْحَيِّ ۚ وَتَرْزُقُ  
مَنْ تَشَاءُ بِغَيْرِ حِسَابٍ ۝ ١

1 Hazrat Abu Ayyub Ansari(raa) related that the Holy Prophet (pbuh) said :”One who recites Ayat al Kursi + verses from ‘shahid Allahu.....to.....Al Azizul Hakeem + verses from ‘Qul lillahumma Malikul Mulk ....to....bighairi hisaab’, after every obligatory prayer, will be absolved of all his sins by Allah(swt) and will get a place in the Heaven and 70 of his needs will be fulfilled - among which, the least will be his salvation.”(Rooh ul Ma’ani)

إِنَّ رَبَّكُمْ اللَّهُ الَّذِي خَلَقَ السَّمَوَاتِ وَالْأَرْضَ  
 فِي سِتَّةِ أَيَّامٍ ثُمَّ اسْتَوَى عَلَى الْعَرْشِ ۚ  
 يُغْشَى اللَّيْلَ النَّهَارَ يَطْلُبُهُ حَثِيثًا ۚ وَالشَّمْسُ  
 وَالْقَمَرُ وَالنُّجُومُ مُسَخَّرَاتٌ بِأَمْرِهِ ۗ أَلَا لَهُ  
 الْخَلْقُ وَالْأَمْرُ ۚ تَبَارَكَ اللَّهُ رَبُّ الْعَالَمِينَ ۝  
 ادْعُوا رَبَّكُمْ تَضَرُّعًا وَخُفْيَةً ۚ إِنَّهُ لَا يُحِبُّ  
 الْمُبْتَدِينَ ۝ وَلَا تَفْسِدُوا فِي الْأَرْضِ بَعْدَ  
 إِصْلَاحِهَا وَادْعُوهُ خَوْفًا وَطَمَعًا ۚ إِنَّ رَحْمَتَ  
 اللَّهِ قَرِيبٌ مِّنَ الْمُحْسِنِينَ ۝  
 قُلِ ادْعُوا اللَّهَ أَوْ ادْعُوا الرَّحْمَنَ ۚ أَيًّا مَا  
 تَدْعُوا فَلَهُ الْأَسْمَاءُ الْحُسْنَى ۚ وَلَا تَجْهَرُوا

These three verses from the HOLY QURAN - from 'Rabbakumullah ....to... Muhsineen- are very effective in warding off harm.



بِصَلَاتِكَ وَلَا تَخَافَتْ بِهَا وَابْتَغِ بَيْنَ ذَلِكَ

سَبِيلًا ١

وَقُلِ الْحَمْدُ لِلَّهِ الَّذِي لَمْ يَتَّخِذْ وَلَدًا وَلَمْ  
يَكُنْ لَهُ شَرِيكٌ فِي الْمُلْكِ وَلَمْ يَكُنْ لَهُ وَلِيٌّ

مِّنَ الدُّلَىٰ وَكَبِّرْهُ تَكْبِيرًا ٢

أَفَحَسِبْتُمْ أَمَّا خَلَقْنَاكُمْ عَبَثًا وَأَنْتُمْ إِلَيْنَا  
لَا تُرْجَعُونَ ٣ فَتَعَالَى اللَّهُ الْمَلِكُ الْحَقُّ ٤ لَا إِلَهَ  
إِلَّا هُوَ ٥ رَبُّ الْعَرْشِ الْكَرِيمِ ٦ وَمَنْ يَدْعُ  
مَعَ اللَّهِ إِلَهًا آخَرَ ٧ لَا بُرْهَانَ لَهُ بِهِ ٨ فَاِئْتَمَّا

1. Hazrat Abu Musa Ash'ari(raa) relates that the Holy Prophet(pbuh) observed; "He who recites these two verses -(Qul idu Allah.....to....kabbirathun takbira)- in the morning and the evening, will not be in low spirits or feel depressed throughout the day and the night." (Al-Dailmi)
2. The verse 'wa qulil hamdulillah.....' is the verse of honour. (Musnad Ahmed)



حِسَابُهُ عِنْدَ رَبِّهِ ۖ إِنَّهُ لَا يُفْلِحُ الْكَافِرُونَ ۝

وَقُلْ رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ خَيْرُ الرَّحِيمِينَ ۝

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ۝

وَالصَّفَاتِ صَفًّا ۝ فَالزُّجَرِ زَجْرًا ۝

فَالْتِّلِي ذِكْرًا ۝ إِنَّ إِلَهَكُمْ لَوَاحِدٌ ۝

رَبُّ السَّمَوَاتِ وَالْأَرْضِ وَمَا بَيْنَهُمَا وَرَبُّ

Hazrat Ibrahim bin Haarith Thaaimi (ra) recounts on the authority of his father: 'Once the Holy Prophet (buh) sent us on a battle and advised us while seeing us off that we recite the verse- afa hasibtum..... - at the break of day and fall of evening. We did it. And by doing this we saved our lives and also got the booty.' (Ibn Alsini)

Note: There is no chance of a battle in these times, therefore, one should recite these verses while embarking on a journey. Allah willing will return safely.

الْمَشَارِقِ ۚ إِنَّا زَيَّنَّا السَّمَاءَ الدُّنْيَا بِزِينَةِ  
 الْكَوَاكِبِ ۚ وَحِفْظًا مِّنْ كُلِّ شَيْطَانٍ مَّارِدٍ ۚ  
 لَا يَسْمَعُونَ إِلَى الْمَلَأِ الْأَعْلَىٰ وَيُقَذَّفُونَ مِّنْ  
 كُلِّ جَانِبٍ ۚ دُحُورًا ۚ وَلَهُمْ عَذَابٌ وَاصِبٌ ۚ  
 إِلَّا مَنِ خِطَفَ الْخَطْفَةَ فَاتَّبَعَهُ شَهَابٌ  
 ثَاقِبٌ ۚ فَاسْتَفْتِهِمْ أَهُمْ أَشَدُّ خَلْقًا أَمْ مِّنْ  
 خَلْقِنَا ۚ إِنَّا خَلَقْنَاهُمْ مِّنْ طِينٍ لَّا زِبٍ ۚ  
 يَمْعَشَرِ الْجِنَّ وَالْإِنْسِ إِنِ اسْتَطَعْتُمْ أَنْ  
 تَنْفُذُوا مِنْ أَقْطَارِ السَّمُوتِ وَالْأَرْضِ  
 فَانْفُذُوا ۚ لَا تَنْفُذُونَ إِلَّا بِسُلْطَانٍ ۚ فَبِأَيِّ  
 آلَاءِ رَبِّكُمَا تُكَذِّبِينَ ۚ يُرْسَلُ عَلَيْكُمَا

These opening verses of Surah Saaffat are very effective in warding off harm.

شَوَاطِطٍ مِّنْ نَّارٍ ۖ وَنَحَاسٌ فَلَا تَنْتَصِرِينَ ۝  
 فَبِأَيِّ آلَاءِ رَبِّكُمَا تُكَذِّبِينَ ۝ فَإِذَا أَنْشَقَّتِ  
 السَّمَاءُ فَكَانَتْ وَرْدَةً كَالدِّهَانِ ۝ فَبِأَيِّ  
 آلَاءِ رَبِّكُمَا تُكَذِّبِينَ ۝ فَيَوْمَئِذٍ لَا يُسْأَلُ  
 عَنْ ذَنْبِهِ إِنْسٌ وَلَا جَانٌّ ۝ فَبِأَيِّ آلَاءِ  
 رَبِّكُمَا تُكَذِّبِينَ ۝ لَوْ أَنْزَلْنَا هَذَا الْقُرْآنَ  
 عَلَى جَبَلٍ لَّرَأَيْتَهُ خَاشِعًا مُّتَصَدِّعًا مِّنْ  
 خَشْيَةِ اللَّهِ ۖ وَتِلْكَ الْأَمْثَالُ نَضْرِبُهَا لِلنَّاسِ  
 لَعَلَّهُمْ يَتَفَكَّرُونَ ۝ هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا  
 هُوَ ۚ عِلْمُ الْغَيْبِ وَالشَّهَادَةِ ۚ هُوَ الرَّحْمَنُ  
 الرَّحِيمُ ۝ هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ ۚ  
 أَلْبَلَيْكَ الْقُدُّوسُ السَّلَامُ ۚ الْمُؤْمِنُ

الْمُهَيَّمِينَ الْعَزِيزُ الْجَبَّارُ الْمُتَكَبِّرُ<sup>ط</sup> سُبْحَنَ اللهُ  
 عَمَّا يُشْرِكُونَ ○ هُوَ اللهُ الْخَالِقُ الْبَارِئُ  
 الْمُصَوِّرُ لَهُ الْأَسْمَاءُ الْحُسْنَى<sup>ط</sup> يُسَبِّحُ لَهُ مَا فِي  
 السَّمَوَاتِ وَالْأَرْضِ<sup>٢</sup> وَهُوَ الْعَزِيزُ الْحَكِيمُ ○  
 بِسْمِ اللهِ الرَّحْمَنِ الرَّحِيمِ ○  
 قُلْ أَوْحَى إِلَىَّ أَنَّهُ اسْتَمَعَ نَفَرٌ مِّنَ الْجِنِّ فَقَالُوا  
 إِنَّا سَمِعْنَا قُرْآنًا عَجَبًا ○ يَهْدِي إِلَى الرُّشْدِ

Hazrat Moaqil bin Yasaar relates that the Holy Prophet  
 (Pbuh) observed: "If one recites (Arabic Text) and then  
 recites the last three verses of Surah Hashr (HuAllahu.....  
 till the end) in the morning, Allah (swt) will commission 70  
 thousand angels who will pray for his (reciter's) welfare.  
 And if he dies that day, he will die a martyr's death. If one  
 recites it in the evening, he too will get the same benefit."  
 (Tafseer e Mazhari with ref. from Tirmizi)



الله

فَأَمَّا بِهِ ۖ وَلَنْ نُشْرِكَ بِرَبِّنَا أَحَدًا ۖ وَآنَهُ

تَعْلَىٰ جَدُّ رَبِّنَا مَا اتَّخَذَ صَاحِبَةً وَلَا وَلَدًا ۖ

وَآنَهُ كَانَ يَقُولُ سَفِيهُنَا عَلَى اللَّهِ شَطَطًا ۖ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ۝

قُلْ يَا أَيُّهَا الْكَافِرُونَ ۖ لَا أَعْبُدُ مَا تَعْبُدُونَ ۖ

وَلَا أَنْتُمْ عِبُدُونَ مَا أَعْبُدُ ۖ وَلَا أَنَا عَابِدٌ

مَا عَبَدْتُمْ ۖ وَلَا أَنْتُمْ عِبُدُونَ مَا أَعْبُدُ ۖ

لَكُمْ دِينُكُمْ وَلِيَ دِينِ ۝

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ۝

قُلْ هُوَ اللَّهُ أَحَدٌ ۖ اللَّهُ الصَّمَدُ ۖ لَمْ يَلِدْهُ

وَلَمْ يُولَدْ ۖ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ۝

1. These verses from the Holy Quran '(qul oohia ilayya... to..shatata)' are very effective in warding off harm.





بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ○

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ○ مِنْ شَرِّ مَا خَلَقَ ○

وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ○ وَمِنْ شَرِّ النَّفَّاثِ

فِي الْعُقَدِ ○ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ○

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ○

قُلْ أَعُوذُ بِرَبِّ النَّاسِ ○ مَلِكِ النَّاسِ ○

إِلَهِ النَّاسِ ○ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ○

الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ ○ مِنَ

الْجَنَّةِ وَالنَّاسِ ○

Hazrat Jubair bin Mutaim (raa) relates: 'the Holy Prophet (pbuh) asked: "Do you want that, when you go on a journey, you should return safely having accomplished your task, and happier than any of your friends, and see increase in your possessions?" I said" O Messenger of Allah (pbuh)! Of course! I want such thing to happen.' The Holy Prophet (pbuh) observed: "Recite the last 5 chapters of the Holy Quran (Kafirun, Nasr, Iklas, Falaq, and Naas) starting and ending with Bismillah." (Tafseer e Mazhari)



Note: According to a tradition the recitation of Al-kafirun is equal to reciting 1/4th of the Quran, and according to another tradition, recitation of Ikhlas is equal to reciting 1/3rd of the Quran. (Tirmidhi)

### **PROTECTION FROM EVERY HARM AND EVIL**

Hazrat Abdullah bin Khudaib (raa) relates that the Holy Prophet (pbuh) observed: "Keep reciting surah ikhlas, falaq, and naas three times each, in the morning and in the evening. This will be sufficient for you to keep yourself protected from all harm and the evil." (Abu Daud, kitab ul adab)

### **PROTECTION FROM SORCERY AND JINNS**

Shah Abdul Aziz (qs) has said that the verses of sorcery (Aayaat e Sihr) are very effective in warding off the effects of sorcery. (mujarribat e Azizi)

فَلَمَّا أَلْقَوْا قَالَ مُوسَى مَا جِئْتُمْ بِهِ <sup>ل</sup>السَّحَرُطَ  
 إِنَّ اللَّهَ سَيُبْطِلُهُ <sup>ط</sup> إِنَّ اللَّهَ لَا يُصْلِحُ عَمَلَ  
 الْمُفْسِدِينَ ○ وَيُحَقِّقُ اللَّهُ الْحَقَّ بِكَلِمَاتِهِ وَلَوْ كَرِهَ  
 الْمُجْرِمُونَ ○ وَالْقِيَ السَّحَرَةُ سَاجِدِينَ ○ قَالُوا  
 آمَنَّا بِرَبِّ الْعَالَمِينَ ○ رَبِّ مُوسَى وَهَارُونَ ○  
 فَوَقَعَ الْحَقُّ وَبَطَلَ مَا كَانُوا يَعْمَلُونَ ○ فغلبوا  
 هُنَالِكَ وَانْقَلَبُوا صُغَرَيْنِ ○ إِنْ مَّا صَنَعُوا كَيْدٌ  
 سِحْرٍ <sup>ط</sup> وَلَا يُفْلِحُ السَّاحِرُ حَيْثُ أَتَى ○

### PROTECTION FROM SORCERY, MAGIC, AND WITCHCRAFT

Hazrat Ka'ab bin Ahbar(raa) says : 'If I had not recited the following invocation, the Jews would have turned me into a donkey.' (Imam Malik)

أَعُوذُ بِوَجْهِ اللَّهِ الْعَظِيمِ الَّذِي لَيْسَ شَيْءٌ  
أَعْظَمَ مِنْهُ وَبِكَلِمَاتِ اللَّهِ التَّامَّاتِ الَّتِي  
لَا يُجَاوِزُهُنَّ بَرٌّ وَلَا فَاجِرٌ وَبِأَسْمَاءِ اللَّهِ الْحُسْنَى  
كُلِّهَا مَا عَلِمْتُ مِنْهَا وَمَا لَمْ أَعْلَمْ مِنْ شَرِّ  
مَا خَلَقَ وَبَرٍّ أَوْ ذَرَأٍ - (موطأ امام مالك، كتاب اشعر، باب ما يؤمر به من التعوذ)

### PROTECTION FROM THE ILL EFFECTS OF EVIL JINNS

1. Hazrat Abdullah bin Masood (raa) says: 'When the Holy Prophet (pbuh) had invited the jinns one night (Laila thul jinn), one of the jinns brought a flame with him and tried to burn the Holy Prophet (pbuh) with it. Archangel Jibril (as) came and asked the Holy Prophet (pbuh): 'Shall I not teach you those verses by reciting which you will be able to douse the flame, and the jinn will fall face down?' The Holy Prophet (pbuh) said: "Certainly, you please teach me." Hazrat Jibril (as) then asked the Holy Prophet (pbuh) to recite

the following verses.' (Al Tabrani – Kitab ud dua)

أَعُوذُ بِوَجْهِ اللَّهِ الْكَرِيمِ وَكَلِمَاتِهِ

الثَّامَّةِ الَّتِي لَا يُجَاوِزُهَا بَرٌّ وَلَا فَاجِرٌ

مِّنْ شَرِّ مَا يَنْزِلُ مِنَ السَّمَاءِ وَمَا يَعْرُجُ

فِيهَا، وَمِنْ شَرِّ مَا ذَرَأَ فِي الْأَرْضِ وَمَا تَخْرُجُ

مِنْهَا، وَمِنْ شَرِّ فِتَنِ اللَّيْلِ وَالنَّهَارِ، وَمِنْ شَرِّ

طَوَارِقِ اللَّيْلِ وَالنَّهَارِ إِلَّا طَارِقًا يَّطْرُقُ

بِخَيْرٍ يَا رَحْمَنُ - (كتاب الدعاء للطبراني حديث ١٠٥٨)

2. Hazrat Abdullah bin Masood (raa) recounts: 'Once the amulet (to ward off fever) was mentioned in the presence of the Holy Prophet (buh). He (pbuh) asked us to show Him (pbuh) that amulet. We showed him that. The Holy Prophet (pbuh) said: "This is a vow Prophet Sulaiman (as) took from Havvam, that they



(Havvam) will not harm those who recite this charm. There is no harm in reciting this.”

بِسْمِ اللَّهِ شَجَّةٌ قَرْنِيَّةٌ مِلْحَةٌ بَحْرٌ قَفْطًا -  
(المعجم الكبير، باب الظواهر، المعجم الاوسط، باب المعجم)

(Al Mo’jim ul kahir and Al Mo’jim ul ausat)

Note: Havvam is the name of a group of jinns.

This is substantiated by Holy saying. (see Bazalul Majhood, Kitabul Adab)

### Note

‘Manzil’ and other invocations mentioned above should be recited and blown over water. This water should be drunk by self and the other family members. It is better that one keeps a bottle of water for this purpose and whenever these invocations are recited, blows in it. When the water in the bottle depletes, replenish with fresh water.

Similarly, when blowing over the palms after recitation, a few droplets of saliva should fall on the palms. The palms then should be run over the entire body, should also blow on the other family members.





## TWO INVOCATION FOR PROTECTION FROM THE EVIL EYE

1. Hazrat Hizam bin Hakeem bin Hizam(raa) recounts : 'When the Holy Prophet (pbuh) feared that something might get afflicted by the evil eye, He (pbuh) would recite the following invocation.'" (Ibn Al sunni)

Arabic text

اَللّٰهُمَّ بَارِكْ فِيْهِ وَلَا تَضُرَّهُ -

(ابن السني . ما يقول اذا رأى شيئا)

2. Hazrat Anas (raa) relates that the Holy Prophet (pbuh) observed: "When you see something amazing, and if you fear that you might cast the evil eye on it, you should recite this invocation." (Ibn Al sunni)

مَا شَاءَ اللهُ وَلَا قُوَّةَ اِلَّا بِاللّٰهِ -

(ابن السني . ما يقول اذا رأى من نفسه)

## INVOCATION TO WARD OFF THE ILL EFFECTS OF THE EVIL EYE

Hazrat Jibril (as) taught the Holy Prophet (pbuh) a



special incantation to ward off the ill effects of the evil eye, and asked Him (pbuh) to recite it and blow over Hazrat Hasan (raa) and Hazrat Hussain (raa). It is mentioned in Ibn Asaakir that once Jibril (as) came to the presence of Holy Prophet (pbuh) who looked sad and worried. When asked for the reason, the Holy Prophet (pbuh) said that somebody had cast the evil eye on Hasan (as) and Hussain (as). Hazrat Jibril (as) affirmed that the evil eye was a fact. He then, taught the Holy Prophet (pbuh) this invocation for warding off the ill effects of evil eye.

اَللّٰهُمَّ ذَا السُّلْطٰنِ الْعَظِيْمِ ذَا الْمَنِّ الْقَدِيْمِ

ذَا الْوَجْهِ الْكَرِيْمِ وَلِيَّ الْكَلِمٰتِ الثَّامٰتِ

وَالدَّعَوٰتِ الْمُسْتَجَابٰتِ عَافِ الْحَسَنِ

وَالْحُسَيْنِ مِنْ اَنْفُسِ الْجِنِّ وَاَعْيُنِ الْاِنْسِ.

When the Holy Prophet (pbuh) recited this invocation over Hasan (raa) and Hussain (raa), both the children got up and started playing in front of Him (pbuh). The Holy Prophet (pbuh)



observed: "Protect yourselves, your wives, and your children with this invocation. There is no other invocation as effective as this one for seeking refuge." (Tafsir Ibn Kathir)

Note: When you recite this invocation for your children, you must replace the names of Hasan (raa) and Hussain(raa) with the names of your children.

### **PROTECTION FROM THE EVIL OF CARNAL DESIRES**

Hazrat Imran bin Husain recounts: 'The Holy Prophet (pbuh) taught my father, Husain, the following invocation, which he (my father) used to recite.' (Tirmidhi)

اللَّهُمَّ الْهِنِّيْ رُشْدِيْ وَأَعِزِّيْ مِنْ شَرِّ نَفْسِيْ  
(ترمذی، کتاب الدعوات)

### **HOW TO KEEP CARNAL DESIRES IN CONTROL**

The one who has no control over his carnal desires, should place his hand over his chest when



going to sleep, and recite this. Allah willing, his carnal desires will be under his control. (Hisn e Haseen)

يَا مُهِيتُ

(حصن حصين فصل دهم، اسماؤ حسنی)

### PROTECT YOURSELVES FROM THE DECEPTIONS OF DEVIL

Hazrat Abu Bakr (raa) relates that the Holy Prophet (pbuh) said: "Allah (swt) has asked me to tell my followers to recite-

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ -

10 times in the morning, 10 times in the evening and 10 times before going to bed. If recited before going to bed, the reciter will be protected from the worldly harm; if recited in the evening, it will protect him from the deceptions of the devil; and if recited in the morning, he will be saved from His (Allah's) wrath." (Kanzul aamaal)



## INVOCATION ON WAKING UP FROM SLEEP

When you wake up from sleep, you must recite this invocation:

لَا إِلَهَ إِلَّا اللَّهُ، وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ  
وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، الْحَمْدُ  
لِلَّهِ وَسُبْحَانَ اللَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ،  
وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ -

After this invocation, supplicate Allah (swt) for His forgiveness, and say **اللَّهُمَّ اغْفِرْ لِي** or say some other words. Allah (swt) will answer this supplication. After this, perform ablution and pray 2 rakah. This prayer will also be granted acceptance by Allah (swt). (Tirmidhi)

Note: When you wake up in the night, after reciting this invocation, even if you do not pray, supplicate Allah (swt) to grant you something. But it is better you also perform prayer.



## WHAT TO DO WHEN YOU WAKE UP FOR TAHAJJUD

It is reported that when the Holy Prophet (pbuh) used to wake up in the night, the first thing he used to do was (before ablution) to recite these verses from surah Aal e Imran( **إِنَّ فِي خَلْقِ السَّمَوَاتِ** to **أُولَى الْأَبَابِ** or up to **مِيعَادَ** , or till the end of the surah). (Ibn Al sunni)

## A VALUABLE IN VOCATION ON COMPLETING ABLUTION

Hazrat Abu Sayeed Khudri(raa) relates that the Holy Prophet(pbuh) observed: "If one, after completing ablution, recites the following invocation, it is sealed in a piece of paper and kept beneath the Arsh. Nobody will be able to open it till the Doomsday." Arabic text

**سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ.**

## INVOCATION WHILE GOING TO MOSQUE

Hazrat Abu Sayeed Khudri(raa) relates that the Holy Prophet(pbuh) observed: "If someone recites this supplication while going to the





mosque, Allah (swt) will turn His attention towards him, and 70 thousand angels will supplicate for his forgiveness.” (Ibn Maajja)

اَللّٰهُمَّ اِنِّیْ اَسْأَلُكَ بِحَقِّ السَّائِلِیْنَ عَلَیْكَ  
وَاسْأَلُكَ بِحَقِّ مَمَشَایْ هَذَا فَاِنِّیْ لَمْ اُخْرَجْ  
اَشْرًا وَّلَا بَطْرًا وَّلَا رِیَاءً وَّلَا سُمْعَةً، وَخَرَجْتُ  
اِتِّقَاءَ سَخِطِكَ وَابْتِغَاءَ مَرْضَاتِكَ فَاسْأَلُكَ  
اَنْ تُعِیْذَنِیْ مِنَ النَّارِ وَاَنْ تَغْفِرَ لِیْ ذُنُوْبِیْ  
اِنَّهٗ لَا یَغْفِرُ الذُّنُوْبَ اِلَّا اَنْتَ .

### SUPPLICATIONS AFTER THE PRAYERS

#### INVOCATION FOR RIDDANCE FROM HELLFIRE:

Hazrat Muslim bin Harith Thamimi(raa) narrates that the Holy Prophet(pbuh) observed: "When you finish your evening prayers (namaz e maghrib), you must recite the following



supplication 7 times. If you die during that night, you will be saved from the hellfire. In the same way, after performing morning prayers (namaz-e-Fajr) if one recites this invocation 7 times, and if he dies during that day, he will be saved from the hellfire.” (Abu Daud)

اللَّهُمَّ اجْرِنِي مِنَ النَّارِ

It is mentioned in Musnad Ahmad that one must recite this invocation after the prayers, before conversing with anybody. (Musnad Ahmad).

### **INVOCATION FOR INSANITY, LEPROSY, LEUCODERMA AND PARALYSIS**

Hazrat Ibn Abbas (raa) narrates that the Holy Prophet (pbuh) told Hazrat Qabeesa bin Mukariq (raa); "if you recite the following invocation 4 times after morning prayers (namaz-e-Fajr) you will be protected from four diseases viz. insanity, leprosy, leucoderma, and paralysis.,



سُبْحَانَ اللَّهِ الْعَظِيمِ وَبِحَمْدِهِ وَلَا حَوْلَ وَلَا  
قُوَّةَ إِلَّا بِاللَّهِ -

After the above invocation, one must recite the following supplication:

اللَّهُمَّ اهْدِنِي مِنْ عِنْدِكَ، وَأَفِضْ عَلَيَّ مِنْ  
فَضْلِكَ، وَأَنْشُرْ عَلَيَّ مِنْ رَحْمَتِكَ، وَأَنْزِلْ  
عَلَيَّ مِنْ بَرَكَاتِكَ -

The detailed report is as under:

It is narrated by Ibn Abbas (raa) that Qabeesa bin Mukhariq (raa) once came to the Holy Prophet (pbuh) and said: 'O Messenger of Allah (pbuh)! I have come to you when I have become old and infirm, my bones have become weak, and I am nearing death. I have become a pauper and



worthless in the eyes of people. I have, therefore, come to you so that you teach me something that would benefit me in this world and the Hereafter.' The Holy Prophet (pbuh) said: "I swear by Him who has sent me with the Truth, that all the stones, clods and trees which are around you wept on hearing you. O Qabeesa recite this supplication after the Morning Prayer (namaz-e-Fajr), you will be protected from insanity, leprosy, leucoderma and paralysis (and according to one narration even blindness). And O Qabeesa! Also recite these words for the benefit of Hereafter. **اَللّٰهُمَّ اهْدِنِيْ**  
(سُبْحَانَ اللهِ الْعَظِيْمِ وَبِحَمْدِهِ اَل)

The Holy Prophet (pbuh) observed that if he recited these invocations regularly, and did not abandon them because of indifference and forgetfulness, there will not be a single gate of Heaven that shall not be open for him.

### **70 NEEDS WILL BE FULFILLED**

Hazrat Abu Ayyub Ansari (raa) narrates that the Holy Prophet (pbuh) observed: "When surah Fatiha, Ayat-al-Kursi, verses from 'shahida



Allahu to al-Aziz-ul-Hakim, and verses from Qulillahumma Maalik ul mulk to bighairi hisaab were revealed, these verses, suspended from the Arsh, complained to Allah(swt) as to why would He (swt) reveal them on such people who will commit sins. Allah (swt) said, 'I swear by my Honour, Majesty, and Exaltation that whoever recites these verses after every obligatory prayer will be granted salvation by Me, and will be admitted to Jannat-ul-Firdaus (the paradise), and will be seen by Me with compassion 70 times every day, and 70 of his needs will be fulfilled- of which the least will be his salvation.'

Note: According to some narrations he (the reciter) will be accorded domination over his enemy. (Kanzul Ummal vol. 2 hadith no. 5056)

### HOW TO RECITE

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ ○

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ○

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ○ الرَّحْمَنِ الرَّحِيمِ ○



مُلِكِ يَوْمِ الدِّينِ ۝ إِيَّاكَ نَعْبُدُ وَإِيَّاكَ  
 نَسْتَعِينُ ۝ اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ۝  
 صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ ۚ غَيْرِ الْمَغْضُوبِ  
 عَلَيْهِمْ وَلَا الضَّالِّينَ ۝  
 اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ ۚ لَا تَأْخُذُهُ  
 سِنَةٌ وَلَا نَوْمٌ ۚ لَهُ مَا فِي السَّمَوَاتِ وَمَا فِي  
 الْأَرْضِ ۚ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ  
 إِلَّا بِإِذْنِهِ ۚ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا  
 خَلْفَهُمْ ۚ وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا  
 بِمَا شَاءَ ۚ وَسِعَ كُرْسِيُّهُ السَّمَوَاتِ وَالْأَرْضَ ۚ  
 وَلَا يَئُودُهُ حِفْظُهُمَا ۚ وَهُوَ الْعَلِيُّ الْعَظِيمُ ۝  
 شَهِدَ اللَّهُ أَنَّهُ لَا إِلَهَ إِلَّا هُوَ وَالْمَلَائِكَةُ وَأُولُوا



الْعِلْمِ قَائِمًا بِالْقِسْطِ ۖ لَا إِلَهَ إِلَّا هُوَ الْعَزِيزُ  
الْحَكِيمُ ۝

قُلِ اللَّهُمَّ مَالِكَ الْمُلْكِ تُؤْتِي الْمُلْكَ مَنْ  
تَشَاءُ وَتَنْزِعُ الْمُلْكَ مِمَّنْ تَشَاءُ ۖ وَتُعِزُّ مَنْ  
تَشَاءُ وَتُذِلُّ مَنْ تَشَاءُ ۖ بِيَدِكَ الْخَيْرُ ۖ إِنَّكَ  
عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ ۝ تَوَجَّعُ اللَّيْلُ فِي النَّهَارِ  
وَتَوَجَّعُ النَّهَارُ فِي اللَّيْلِ ۖ وَتُخْرِجُ الْحَيَّ مِنَ  
الْمَيِّتِ وَتُخْرِجُ الْمَيِّتَ مِنَ الْحَيِّ ۖ وَتَرْزُقُ  
مَنْ تَشَاءُ بِغَيْرِ حِسَابٍ ۝

### WILL GET FULL REWARD FOR PRAYER

Hazrat Zaid bin Arqam(raa) relates that the Holy  
Prophet(buh) observed: "Whoever recites



سُبْحَانَ رَبِّكَ رَبِّ الْعِزَّةِ عَمَّا يَصِفُونَ ۖ وَسَلَامٌ  
عَلَى الْمُرْسَلِينَ ۖ وَالْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ۝

(المعجم الكبير للطبراني)

after every prayer will get full recompense for his prayers.”

### **NEVER ABANDON THIS SUPPLICATION- THE HOLY POROPHET (PBUH) SAID**

Hazrat Ma'az bin Jabal (raa) recounts: ‘One day the Holy Prophet (pbuh) held my hand and told me “O Ma'az! I love you”. I said, ‘O Messenger of Allah (pbuh)! May my parents be sacrificed on you, by Allah, I too love you.’ The Holy Prophet (pbuh) said, “O Ma'az! I advise you (because of this love) not to abandon the following supplication after any prayer.”

اللَّهُمَّ آعِزِّي عَلَى ذِكْرِكَ وَشُكْرِكَ وَحُسْنِ

عِبَادَتِكَ۔ (الدعا للطبراني، جامع ابواب القول في ادبار الصلوات)



### DOING JUSTICE TO WORSHIP

Hazrat Ali (raa) narrates that the Holy Prophet (pbuh) said: "Hazrat Jibril (as) came to me and said, 'O Muhammad (pbuh)! If you want to do full justice to your worship of the day and of the night, you must recite this supplication.'" (Kanzul Ummaal vol 2 hadith no. 4954)

اَللّٰهُمَّ لَكَ الْحَمْدُ حَمْدًا كَثِيْرًا مَّعَ خُلُوْدِكَ  
وَلَكَ الْحَمْدُ حَمْدًا لَا مُنْتَهٰى لَهُ دُوْنَ عِلْمِكَ  
وَلَكَ الْحَمْدُ حَمْدًا لَا مُنْتَهٰى لَهُ دُوْنَ مَشِيْعَتِكَ  
وَلَكَ الْحَمْدُ حَمْدًا لَا اَجْرَ لِقَائِهِ اِلَّا رِضَاكَ -  
(كنز العمال ج ٢ حديث: ٣٩٥٣)

### VALUABLE DEEDS FOR FRIDAY

#### PARENTS' SINS WILL BE FORGIVEN ALONG WITH THAT OF THE SON

Hazrat Ibn Abbas (raa) relates that the Holy Prophet (pbuh) observed: "If one recites the following invocation 100 times after Friday



prayers, 1000 of his sins and 24000 of his parents' sins will be forgiven." (Alsunni)

**سُبْحَانَ اللَّهِ الْعَظِيمِ وَبِحَمْدِهِ -**

### **SINS OF 80 YEARS FORGIVEN**

Hazrat Abu Hurairah (raa) reports that whoever recites the following invocation 80 times after Asr prayer on Friday before getting up from his place, will have his sins of 80 years forgiven and will get the reward of 80 years' worship. (Fazaail-e-Darood)

**اَللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ النَّبِيِّ الْاُمِّيِّ وَعَلٰى اٰلِهٖ  
وَسَلِّمْ تَسْلِيْمًا -**

### **SUPPLICATIONS FOR MORNING AND EVENING**

### **GET BLESSINGS OF ALLAH (SWT) AND STATUS OF A MARTYR**

Hazrat Ma'aqil bin Yaasar (raa) narrates that the



Holy Prophet (pbuh) observed: "If one recites

أَعُوذُ بِاللَّهِ السَّيِّعِ الْعَلِيمِ مِنَ الشَّيْطَانِ

الرَّجِيمِ ○

3 times in the morning and then recites the last 3 verses from surah Hashr, Allah (swt) will commission 70 thousand angels for him who pray for his good (blessings) till evening. If that man dies during that day he will die the death of a martyr. And the one who recites these invocations in the evening, similarly 70 thousand angels will pray for him till the morning and if he dies during that night, he will die a martyr's death." (Tirmidhi)

How it should be recited:

First recite

أَعُوذُ بِاللَّهِ السَّيِّعِ الْعَلِيمِ مِنَ الشَّيْطَانِ

الرَّجِيمِ ○

3 times and then recite the last 3 verses from surah Hashr.

الله

هُوَ اللهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ ۚ عَالِمُ الْغَيْبِ  
 وَالشَّهَادَةِ ۚ هُوَ الرَّحْمَنُ الرَّحِيمُ ۝ هُوَ اللهُ  
 الَّذِي لَا إِلَهَ إِلَّا هُوَ ۚ الْمَلِكُ الْقُدُّوسُ  
 السَّلَامُ الْمُؤْمِنُ الْمُهِيمُنُ الْعَزِيزُ الْجَبَّارُ  
 الْمُتَكَبِّرُ ۚ سُبْحَانَ اللهِ عَمَّا يُشْرِكُونَ ۝ هُوَ  
 اللهُ الْخَالِقُ الْبَارِئُ الْمُصَوِّرُ لَهُ الْأَسْمَاءُ  
 الْحُسْنَى ۚ يُسَبِّحُ لَهُ مَا فِي السَّمَوَاتِ وَالْأَرْضِ ۚ  
 وَهُوَ الْعَزِيزُ الْحَكِيمُ ۝

### ACTS THAT COMPENSATE FOR THE SHORTFALL OF VIRTUES

Hazrat Ibn Abbas (raa) narrates that the Holy Prophet (pbuh) said: "If one recites the following invocation at the break of the day, his shortfall of virtues (good deeds) of that day will be made





good. And if one recites it in the evening, his shortfall of virtues (good deeds) of that night will be made good.” (Abu Daud)

فَسُبِّحْنَ اللَّهَ حِينَ تُمْسُونَ وَحِينَ تُصْبِحُونَ ○

وَلَهُ الْحَمْدُ فِي السَّهَوَاتِ وَالْأَرْضِ وَعَشِيًّا

وَحِينَ تَظْهَرُونَ ○ يُخْرِجُ الْحَيَّ مِنَ الْمَيِّتِ

وَيُخْرِجُ الْمَيِّتَ مِنَ الْحَيِّ وَيُحْيِي الْأَرْضَ بَعْدَ

مَوْتِهَا ○ وَكَذَلِكَ تُخْرَجُونَ ○

### INCOMPLETE TASKS ACCOMPLISHED

Hazrat Abu Darda (raa) narrates that the Holy Prophet (pbuh) observed: "One who recites the following invocation 7 times in the morning and 7 times in the evening, whether sincerely or insincerely, Allah (swt) will take responsibility of all his tasks." (i-e, Allah(swt) will cause his incomplete tasks to get accomplished). (Abu Daud hadith no. 5081)

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ، عَلَيْهِ تَوَكَّلْتُ وَهُوَ

رَبُّ الْعَرْشِ الْعَظِيمِ ○ (البوداؤد-حديث ٥٠٨١)

### INTO PARADISE ALONGWITH THE HOLY PROPHET (pbuh)

Hazrat Munizar (raa) was an African companion of the Holy Prophet (pbuh). He reports that he heard the Holy Prophet (pbuh) say:” if one recites the following invocation in the morning, it is my responsibility to enter him into paradise holding him by his hand.” (Al Tabrani)

رَضِيتُ بِاللَّهِ رَبًّا وَبِالْإِسْلَامِ دِينًا وَبِمُحَمَّدٍ

نَبِيًّا (ﷺ).

In another report it is mentioned that the invocation should be recited 3 times in the morning and 3 times in the evening. (Majma-u-zzawaid)



## ONE MORE ACT THAT ENSURES ENTRY INTO PARADISE (Sayyid-ul-Istighfar)

Hazrat Shaddad bin Auf (raa) reports that the Holy Prophet (pbuh) observed: "One who recites the following invocation in the evening and if dies during the night, he will enter the paradise. And recites it in the morning and dies during the day, he will enter paradise."

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ خَلَقْتَنِي وَأَنَا  
عَبْدُكَ، وَأَنَا عَلَى عَهْدِكَ، وَوَعْدِكَ مَا  
اسْتَطَعْتُ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ، أَبُوءُ  
لَكَ بِبِعَمَلِكَ عَلَىَّ وَأَبُوءُ بِذَنْبِي، فَاعْفُ رِي،  
فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ - (بخاری شریف)

## WHATEVER YOU ASK, MUST GET

Hazrat Hasan Rahmatullahi Alaih Says that Hazrat Samurah bin Jundub Raziyaallahu Anhu asked me: should I narrate you a saying of Prophet which I have heard by the prophet many times and by Hazrat Abu



Bakr R.A. and Hazrat Umar R.A. times and again? I said to him please do tell me. He told that whosoever supplicates any dua following these words Allah will surely answer his dua.

(Majmauzzawaid Vol. 10)

اَللّٰهُمَّ اَنْتَ خَلَقْتَنِيْ، وَاَنْتَ تَهْدِيْنِيْ، وَاَنْتَ  
تُطْعِمُنِيْ، وَاَنْتَ تَسْقِيْنِيْ، وَاَنْتَ تُمَيِّتُنِيْ،  
وَاَنْتَ تُحْيِيْنِيْ - (مجمع الزوائد، ج ١٠ باب ما يقول اذا اصبح واذا امسى)

### SUPPLICATION FOR GETTING ALL DIVINE BOONS

Hazrat ibne Abbas R.A. Narrates that the Messenger of Allah S.A. said that whosoever reads this dua in the morning three times:

اَللّٰهُمَّ اِنِّيْ اَصْبَحْتُ مِنْكَ فِيْ نِعْمَةٍ وَعَافِيَةٍ وَ  
سِتْرٍ، فَاتْمُمْ عَلَيَّ نِعْمَتَكَ وَعَافِيَتَكَ وَسِتْرَكَ  
فِي الدُّنْيَا وَالْآخِرَةِ.

And in the evening three times:



اللَّهُمَّ إِنِّي أُمْسَيْتُ مِنْكَ فِي نِعْمَةٍ وَعَافِيَةٍ  
وَسِئْرٍ، فَأَتُومُّ عَلَى نِعْمَتِكَ وَعَافِيَتِكَ  
وَسِئْرِكَ فِي الدُّنْيَا وَالْآخِرَةِ.

(ابن السني، باب ما يقول اذا اصبح واذا امسى)

So Allah takes responsibility to complete all divine boons upon him.

### GRATITUDE FOR ALL DIVINE BLESSINGS

Hazrat Abdullah bin Gannam (raa) reports that the Holy Prophet (pbuh) said: “Whoever recites this supplication early in the morning, has thanked Allah (swt) for that day (for His Blessings and Grace).

اللَّهُمَّ مَا أَصْبَحَ بِي مِنْ نِعْمَةٍ أَوْ بِأَحَدٍ مِّنْ  
خَلْقِكَ فَمِنْكَ وَحْدَكَ لَا شَرِيكَ لَكَ فَلَكَ  
الْحَمْدُ وَلَكَ الشُّكْرُ.



And whoever recites the following supplication, has thanked Allah (swt), for His Blessings, for the night.” (Abu Daud)

اَللّٰهُمَّ مَا اَمْسَىٰ بِيْ مِنْ نِّعْمَةٍ اَوْ بِاَحَدٍ مِّنْ  
خَلْقِكَ فَمِنْكَ وَحْدَكَ لَا شَرِيْكَ لَكَ فَلَكَ  
الْحَمْدُ وَلَكَ الشُّكْرُ۔  
(ابوداؤد، مايقول اذا اصبح)

### SUPPLICATION FOR THE SAFEGUARD OF BOUNTIES

بِسْمِ اللّٰهِ عَلَىٰ دِيْنِيْ وَنَفْسِيْ وَوَلَدِيْ  
وَاهْلِيْ وَمَالِيْ۔  
(كنز العمال جلد ۲ حدیث ۴۹۵۸)

### PROTECTION AGAINST EVERY HARM

Hazrat Usman bin Affaan (raa) reports that he heard the Holy Prophet (pbuh) say: "Nothing will harm a person who recites the following invocation 3 times each in the morning and the





evening." And according to another report, he will not meet with a sudden calamity or disaster. (Abu Daud)

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي  
الْأَرْضِ وَلَا فِي السَّمَاءِ ۖ وَهُوَ السَّمِيعُ الْعَلِيمُ۔

(ابوداؤد، مايقول اذا اصبح)

### PROTECTION FROM EVERY HARMFUL AND POISONOUS STINGS/ BITES

Hazrat Abu Hurairah(raa) reports that the Holy Prophet (pbuh) observed: "Nothing can harm a person who recites the following in the morning and in the evening".

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ۔

(مجمع الزوائد، ج ١٠)

According to another report, this invocation can also be recited before going to bed, which shall protect the reciter from all poisonous bites. (Majma-u-zzawaid vol. 10)



## **PROTECTION FROM ACCIDENTS AND CALAMITIES/DISASTERS**

**(HAZRAT ABU DARDA'S SUPPLICATION)**

Hazrat Talq bin Habeeb(raa) recounts that one day a man came to Hazrat Abu Darda (raa) and told him that his (Abu Darda's (raa) house has burned. Abu Darda (raa) said: 'No, it cannot burn'. Another person came to him and informed him of the same thing. Abu Darda (raa) again said: 'No, it cannot burn.' A third person came and informed him: 'the fire did occur, and its flames did rise, but by the time it reached your house it got doused.' Hazrat Abu Darda (raa) said: "I knew that Allah (swt) will not do it.' The informer said, 'I do not know which of your two sentences should surprise us more? Either 'no, it cannot burn' or your reply 'I knew, Allah (swt) will not do it.' Abu Darda (raa) said: 'I heard the Holy Prophet (pbuh) say: "One who recites the following invocation in the morning, will not encounter any accident or disaster till evening and if he recites it in the evening, will not encounter any accident or disaster till next morning." And I had recited this invocation.'

اللَّهُ

اَللّٰهُمَّ اَنْتَ رَبِّيْ، لَا اِلٰهَ اِلَّا اَنْتَ، عَلَيكَ  
تَوَكَّلْتُ، وَاَنْتَ رَبُّ الْعَرْشِ الْكَرِيْمِ، مَا  
شَاءَ اللّٰهُ كَانَ وَمَا لَمْ يَشَأْ لَمْ يَكُنْ، لَا حَوْلَ  
وَلَا قُوَّةَ اِلَّا بِاللّٰهِ، اَعْلَمُ اَنَّ اللّٰهَ عَلَى كُلِّ شَيْءٍ  
قَدِيْرٌ، وَاَنَّ اللّٰهَ قَدْ اَحَاطَ بِكُلِّ شَيْءٍ عِلْمًا،  
اَللّٰهُمَّ اِنِّيْ اَعُوْذُ بِكَ مِنْ شَرِّ نَفْسِيْ وَمِنْ شَرِّ  
كُلِّ دَاْبَةٍ اَنْتَ اَخِذُ بِنَاصِيَتِهَا، اِنَّ رَبِّيْ عَلَى  
صِرَاطٍ مُّسْتَقِيْمٍ ۝ (الدعاء للطهراني، القول عند الصباح)

## PROTECTION FROM THE DEVIL AND OPPRESSORS

### SUPPLICATION OF HAZRAT ANAS (R.A)

Hajjaj bin Yousuf got angry with Hazrat Anas (raa) and said: "If it were not for such and such reason, I would have slain you." Hazrat Anas (raa) said, 'You can never kill me, because the Holy



Prophet (pbuh) has taught me a supplication which protects me from the evil of devil and the oppressors.' When Hajjaj heard this, he fell on his knees and said: 'Uncle! Please teach that supplication to me too.' Hazrat Anas (raa) said: 'You are not fit to learn it.' Later he (Anas, raa) taught that supplication to a few of his boys. That supplication is as follows:

بِسْمِ اللَّهِ عَلَى نَفْسِي وَدِينِي، بِسْمِ اللَّهِ عَلَى  
مَا عَطَانِي رَبِّي عَزَّوَجَلَّ، لَا أُشْرِكُ بِهِ شَيْئًا  
أَجْرُنِي مِنْ كُلِّ شَيْطَانٍ الرَّجِيمِ وَمِنْ كُلِّ  
جَبَّارٍ عَنِيدٍ، إِنَّ وَلِيَّيَ اللَّهُ الَّذِي نَزَلَ  
الْكِتَابَ وَهُوَ يَتَوَلَّى الصَّالِحِينَ، فَإِنْ تَوَلَّوْا  
فَقُلْ حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ  
وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ۔

(کتاب الدعاء للطبرانی، القول عند الدخول علی السلطان)



## SUPPLICATION AGAINST THE FEAR OF ENEMY

Hazrat Abu Burdah bin Abdullah (raa) reports on the authority his father that the Holy Prophet (pbuh) used to recite the following supplication when He (pbuh) feared the enemy.

اَللّٰهُمَّ اِنَّا نَجْعَلُكَ فِيْ نُحُوْرِهِمْ وَنَعُوْذُ بِكَ  
مِنْ شُرُوْرِهِمْ - (ابوداؤد، كتاب الصلوة، ما يقول اذا خاف قوماً)

## SUPPLICATION WHEN FACING THE ENEMY

لَا اِلٰهَ اِلَّا اللهُ الْحَلِيْمُ الْكَرِيْمُ، سُبْحَانَ اللهِ  
رَبِّ الْعَرْشِ الْعَظِيْمِ، وَالْحَمْدُ لِلّٰهِ رَبِّ الْعٰلَمِيْنَ -  
(مصنف ابن ابى شيبه، كتاب الدعاء)

It is the experience of our elders that if the above supplication is recited in front of the enemy, you will never be overpowered by him. Hazrat Abu





Rafay (raa) recounts that Hazrat Abdullah bin Jafar (raa) had to marry off his daughter, under duress, to Hajjaj bin Yousuf. While seeing her off, he advised his daughter thus: 'When Hajjaj approaches you, recite this supplication.' It is reported that she did as told. As a result, Hajjaj could not come near her.

Further, Hazrat Abdullah bin Jafar (raa) claimed that whenever the Holy Prophet (PBUH) encountered any distress or grief, He (pbuh) would invoke this supplication. Further, He (pbuh) would recite this supplication and blow over the one who had fever.

### **PROTECTION WHEN SURROUNDED BY ENEMY**

اللَّهُمَّ اسْتُرْ عَوْرَاتِنَا وَامْنِ رَوْعَاتِنَا۔

(مسند احمد، ج ۳ حدیث ۱۰۹۷۷)

### **70 GATES OF DISTRESS SHUT**

Hazrat Mak'hul (raa) narrates that whoever recites

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ، وَلَا مَلْجَأَ مِنَ اللَّهِ إِلَّا إِلَيْهِ۔





Allah (swt) will shut on him 70 doors of difficulties/distress- the least among them being penury.

### **SUPPLICATION AGAINST DISEASES AND PENURY**

Hazrat Abu Hurairah (raa) recounts: "One day I came out along with the Holy Prophet (pbuh) walking hand in hand, when we passed by a person who looked very much troubled and miserable. The Holy Prophet (pbuh) enquired of him as to how he got in to such a miserable condition. The man replied: 'Disease and penury have left me in such a miserable condition.' The Holy Prophet (pbuh) said: "I will teach you a supplication, which when recited will rid you of the disease and penury." The supplication is:

تَوَكَّلْتُ عَلَى الْحَيِّ الَّذِي لَا يَمُوتُ، اَلْحَمْدُ لِلّٰهِ  
الَّذِي لَمْ يَتَّخِذْ وَلَدًا وَلَمْ يَكُنْ لَهُ شَرِيْكٌ  
فِي الْمُلْكِ وَلَمْ يَكُنْ لَهُ وَلِيٌّ مِّنَ الذَّلِّ



## وَكَبِّرْهُ تَكْبِيرًا ۝

After some time from this incident, when the Holy Prophet (pbuh) happened to pass by that man, He (pbuh) was happy to see him in good condition. The man said: 'Since the time You (pbuh) taught me this supplication, I have been reciting it regularly.'

### **BEST SUBSISTENCE AND PROTECTION AGAINST VICE**

Hazrat Abu Hurairah (raa) narrates that the Holy Prophet (pbuh) said: "One who recites this supplication in the morning, will be bestowed with the best of subsistence, and will be protected against vice for that day."

مَا شَاءَ اللَّهُ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ، أَشْهَدُ

أَنَّ اللَّهَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ - (ابن السني، ما يقول اذا أصبح)



## SETTLING A DEBT AND WARDING OFF HARDSHIPS

Hazrat Abu Khudri (raa) recounts that one day when the Holy Prophet (pbuh) entered into the mosque He (pbuh) saw an Ansari companion Abu Umamah (raa) sitting in the mosque. The Holy Prophet (pbuh) enquired: 'O Abu Umamah! What is the matter that you are seen in the mosque at a time which is not a prayer time? He (raa) replied: O' messenger of Allah (pbuh)! I am burdened with debt and hardships.' The Holy Prophet (pbuh) said: "Shall I not teach you a supplication that would ward off your hardships and help you settle your debts? He (raa) said: 'Why not? O Messenger of Allah (pbuh)!' Then the Holy Prophet (pbuh) said: "Recite this supplication in the morning and in the evening."

اَللّٰهُمَّ اِنِّىْ اَعُوْذُبِكَ مِنَ الْهَمِّ وَالْحَزَنِ  
وَاَعُوْذُبِكَ مِنَ الْعَجْزِ وَالْكَسَلِ وَاَعُوْذُبِكَ



مِنَ الْجُبْنِ وَالْبُخْلِ، وَأَعُوذُ بِكَ مِنْ غَلَبَةِ  
الدَّيْنِ وَقَهْرِ الرِّجَالِ -

Hazrat Umamah (raa) says: 'I did as told by the Holy Prophet (pbuh). Allah (swt) warded off the hardships I was suffering from and the burden of debt was also removed.' (Abu Daood)

### **WORLD AT YOUR FEET**

Hazrat Ayesha (raa) narrates that the Holy Prophet (pbuh) observed: "When Allah (swt) caused Adam (as) to alight on earth, Adam (as) got up and offered two rakah on the site of Ka'aba and recited this supplication. Allah (swt) immediately sent a Divine word (vahiyy): "O Adam! I have accepted your repentance; forgiven your sin, and besides you, whoever supplicates to me with these words, I shall forgive him too and cause him to succeed in his venture and stop devil from influencing him, and cause the world to be humbled for him, though he may not be able to notice it." That supplication is as under.



اللَّهُمَّ إِنَّكَ تَعْلَمُ سِرِّي وَعَلَانِيَتِي فَأَقْبَلْ  
 مَعْدِرَتِي، وَتَعْلَمُ حَاجَتِي فَأَعْطِنِي سُؤْلِي،  
 وَتَعْلَمُ مَا فِي نَفْسِي فَأَغْفِرْ لِي ذَنْبِي، اللَّهُمَّ إِنِّي  
 أَسْأَلُكَ إِيمَانًا يُبَاشِرُ قَلْبِي وَيَقِينًا صَادِقًا  
 حَتَّى أَعْلَمَ أَنَّهُ لَا يُصِيبُنِي إِلَّا مَا كَتَبْتَ لِي وَ  
 رِضًا بِمَا قَسَمْتَ لِي. (المعجم الاوسط باب من اسمه محمد)

### TURNING WORRIES INTO HAPPINESS

The Holy Prophet (pbuh) observed: "If someone is inflicted with grief, troubles and worries, he should recite this supplication. Allah (swt) will not only ward off his troubles, but will also turn his grief into happiness and comfort. The companions (raa) submitted: "O Messenger of Allah (pbuh)! Shall we not learn that supplication by heart? The Holy Prophet (pbuh) said: "yes, you should learn it by heart, and the others who hear it from you should also learn it by heart."





اَللّٰهُمَّ اِنِّى عَبْدُكَ وَابْنُ عَبْدِكَ وَابْنُ  
اَمَّتِكَ نَاصِيَتِيْ بِيَدِكَ مَا ضِىَّ فِيْ حُكْمِكَ  
عَدْلٌ فِيْ قَضَاؤِكَ اَسْأَلُكَ بِكُلِّ اسْمٍ هُوَ لَكَ  
سَمِيَتْ بِهِ نَفْسُكَ اَوْ اُنْزِلَتْهُ فِيْ كِتَابِكَ اَوْ  
عَلِمَتْهُ اَحَدًا مِّنْ خَلْقِكَ اَوْ اسْتَاثَرْتُ بِهِ  
رَبِّىْعَ قَلْبِيْ وَنُوْرَ صَدْرِىْ وَجَلَاءَ حُزْنِيْ  
وَذَهَابَ هَمِّىْ - (مجمع الزوائد، باب ما يقول اذا اصابه هم)

## VIRTUES ABOUND

### UNDER THE SHADE OF ALLAH 'S GRACE

اَلْحَمْدُ لِلّٰهِ الَّذِىْ خَلَقَ السَّمٰوٰتِ وَالْاَرْضَ  
وَجَعَلَ الظُّلُمٰتِ وَالنُّوْرَ ثُمَّ الَّذِىْنَ كَفَرُوْا





بِرَبِّهِمْ يَعْدِلُونَ ۝ هُوَ الَّذِي خَلَقَكُمْ مِنْ  
 طِينٍ ثُمَّ قَضَىٰ أَجَلًا ۖ وَأَجَلٌ مُّسَمًّى عِنْدَهُ  
 ثُمَّ أَنْتُمْ تَمْتَرُونَ ۝ وَهُوَ اللَّهُ فِي السَّمَوَاتِ  
 وَفِي الْأَرْضِ ۖ يَعْلَمُ سِرَّكُمْ وَجَهْرَكُمْ  
 وَيَعْلَمُ مَا تَكْسِبُونَ ۝

If someone recites these three verses from Chapter An'aam, 40 thousand angels will be appointed for him, who in turn will pray for him till the Day of Resurrection, and the reward of their prayers will be added to his Record of Deeds (naama-e-aamaal). And an angel will descend from the Heaven with an iron mace. When the Satan tries to distract the reciter from the recitation, this angel will punish him with that mace and 70 barriers will come up between the reciter and the Satan and on the day of Judgement, Allah (swt) will say: "Come under my shade; eat from the fruits of paradise; drink from



the Hauz e Kausar; bathe in the stream of Salsabil.  
You are my servant, and I am your Lord."

### **ALLAH (swt) ALONE WILL RECOMPENSE IT**

Hazrat Abdullah bin Umar (raa) narrates that the Holy Prophet (pbuh) said; 'A virtuous servant of Allah (swt) recited this supplication.

يَا رَبِّ لَكَ الْحَمْدُ كَمَا يَنْبَغِي لِجَلَالِ وَجْهِكَ  
وَلِعَظِيمِ سُلْطَانِكَ -

It became difficult for the angels to record its reward. They went to Allah (swt) and said: 'O our Lord! One of your servants has recited such invocation that we do not know what reward to record for him. Allah (swt), despite knowing what invocation that servant had recited, asks the angels: "What did my servant recite?" The angels reply by reciting these words

يَا رَبِّ لَكَ الْحَمْدُ كَمَا يَنْبَغِي لِجَلَالِ وَجْهِكَ  
وَلِعَظِيمِ سُلْطَانِكَ -



To this Allah (swt) says: "you just record what has been recited. When this servant of mine meets me, I alone shall give him its reward."

### **VIRTUES EQUAL TO THE NUMBER OF BELIEVERS**

Hazrat Umm-e-Salma (raa) reports that the Holy Prophet (pbuh) observed: "One who recites

اللَّهُمَّ اغْفِرْ لِي وَلِلْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ

on a daily basis, Allah (swt) will write in his Record of Deeds (naama-e-aamal) virtues equal to the number of believers (men and women).

Note: Since the followers of all the prophets were believers, Allah (swt) alone knows how many virtues are going to be rewarded for its reciter.

### **CONSIDERED AMONG REGULAR DAROOD REECITERS**

Shaikh-ul-Islam Hazrat Abul Abbas (ra) said: "One who recites the following Darood 3 times each in the morning and evening, will be considered as one who kept reciting Darood all



through morning and evening.”

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ فِي أَوَّلِ كَلَامِنَا،

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ فِي أَوْسَطِ كَلَامِنَا،

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ فِي آخِرِ كَلَامِنَا.

**SUPPLICATION TO ATTAIN THE LOVE OF  
ALLAH (swt)**

اللَّهُمَّ إِنِّي أَسْأَلُكَ حُبَّكَ، وَحُبَّ مَنْ

يُحِبُّكَ، وَالْعَمَلَ الَّذِي يُبَلِّغُنِي حُبَّكَ، اللَّهُمَّ

اجْعَلْ حُبَّكَ أَحَبَّ إِلَيَّ مِنْ نَفْسِي وَأَهْلِي

وَمِنْ الْمَاءِ الْبَارِدِ.

(ترمذی، جلد ثانی ص ۱۸۷)

**PARENTS' OBLIGATIONS (RIGHTS OF  
PARENTS) FULFILLED**

Allama Aini (ra) narrated a Prophetic saying (Hadith) in the 'Commentary of Bukhari Shareef' that one who recited the following invocation once and supplicated to Allah (swt) thus; 'O Allah! Convey the reward of this invocation to my

parents', has repaid his parents' obligations (rights of parents).

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ، رَبِّ السَّمَوَاتِ وَ  
رَبِّ الْأَرْضِ رَبِّ الْعَالَمِينَ، وَلَهُ الْكِبَرِيَاءُ فِي  
السَّمَوَاتِ وَالْأَرْضِ وَهُوَ الْعَزِيزُ الْحَكِيمُ،  
لِلَّهِ الْحَمْدُ رَبِّ السَّمَوَاتِ وَرَبِّ الْأَرْضِ رَبِّ  
الْعَالَمِينَ، وَلَهُ الْعِظَةُ فِي السَّمَوَاتِ وَالْأَرْضِ  
وَهُوَ الْعَزِيزُ الْحَكِيمُ، هُوَ الْمَلِكُ رَبُّ السَّمَوَاتِ  
وَرَبُّ الْأَرْضِ رَبُّ الْعَالَمِينَ، وَلَهُ النُّورُ فِي  
السَّمَوَاتِ وَالْأَرْضِ وَهُوَ الْعَزِيزُ الْحَكِيمُ.

**SUBSISTENCE GRANTED TO THIS WORLD**

اللَّهُمَّ اغْفِرْ لِي وَلِلْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ  
وَالْمُسْلِمِينَ وَالْمُسْلِمَاتِ - (الطبراني في المعجم، عن أبي الدرداء)





It is reported in a Hadith that one who recites the above supplication 25 times or 27 times in a day for the forgiveness of all Muslim men and women, will be regarded among the ranks of Mustajaab-ud-da'waat (one whose supplications are answered and granted by Allah (swt)), in answer to whose supplication the world gets its subsistence.

### **WHOM ALLAH (swt) INTENDS TO FAVOUR**

The Holy Prophet (pbuh) said to Hazrat Buraidah Aslami (raa): "O Buraidah! Allah (swt) teaches the following words to the one whom He (swt) intends to favour with good." Further, the Holy Prophet (pbuh) also said: "The one whom Allah (swt) teaches these words, will never forget them till his death."

اللَّهُمَّ إِنِّي ضَعِيفٌ فَقْوِي رِضَاكَ ضَعْفِي،  
وَحُذِّ إِلَى الْخَيْرِ بِنَاصِيَتِي، وَاجْعَلِ الْإِسْلَامَ  
مُنْتَهَى رِضَائِي، اللَّهُمَّ إِنِّي ضَعِيفٌ فَقْوِي،  
وَإِنِّي ذَلِيلٌ فَأَعِزَّنِي، وَإِنِّي فَقِيرٌ فَارْزُقْنِي.

(مسند ترمذی، ج ۱، ص ۶۸۷)



## SUPPLICATION WITH GREAT BENEFITS

اللَّهُمَّ عَافِنِي فِي قُدْرَتِكَ، وَأَدْخِلْنِي فِي رَحْمَتِكَ، وَأَقْضِ أَجَلِي فِي طَاعَتِكَ وَاخْتِمِ لِي بِخَيْرِ عَمَلِي، وَاجْعَلْ ثَوَابَهُ الْجَنَّةَ. (كنز العمال جلد ۲ ص ۲۰۴)

اللَّهُمَّ اغْفِرْ لِأُمَّةٍ مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ،  
اللَّهُمَّ ارْحَمْ أُمَّةَ مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ،  
اللَّهُمَّ أَصْلِحْ أُمَّةَ مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ،  
اللَّهُمَّ تَجَاوَزْ عَنْ أُمَّةٍ مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ،  
اللَّهُمَّ فَرِّجْ كُرْبَ أُمَّةٍ مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ،  
اللَّهُمَّ اهْدِ النَّاسَ وَالْجَنِّ جَمِيعًا.  
اللَّهُمَّ اهْدِنَا وَاهْدِنَا.

اللَّهُمَّ إِنَّا نَسْتَعِينُكَ عَلَى طَاعَتِكَ، يَا قَوِيُّ  
الْقَادِرُ الْمُقْتَدِرُ قَوِيُّ وَقَلْبِي.

**ALL IN ONE**

Hazrat Abu Umamah (raa) submitted to the Holy Prophet (pbuh): 'O Messenger of Allah (pbuh)! You have taught me many a supplication. All those supplications I cannot remember.' To this the Holy Prophet (pbuh) observed: "Shall I not teach you a supplication which covers all the supplications?" (on his saying yes) the Holy Prophet (pbuh) taught the following supplication:

اَللّٰهُمَّ اِنَّا نَسْئَلُكَ مِنْ خَيْرِ مَا سَأَلَكَ مِنْهُ  
نَبِيُّكَ مُحَمَّدٌ (صَلَّى اللّٰهُ عَلَيْهِ وَسَلَّمَ) وَنَعُوْذُ بِكَ  
مِنْ شَرِّ مَا اسْتَعَاذَ مِنْهُ نَبِيُّكَ مُحَمَّدٌ (صَلَّى اللّٰهُ  
عَلَيْهِ وَسَلَّمَ). وَاَنْتَ الْمُسْتَعَانُ، وَعَلَيْكَ الْبَلَاغُ  
وَلَا حَوْلَ وَلَا قُوَّةَ اِلَّا بِاللّٰهِ - (ترمذی کتاب الدعوات)



### SALAAT UN TUNAJJINA

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا وَمَوْلَانَا مُحَمَّدٍ وَعَلَى  
 آلِ سَيِّدِنَا وَمَوْلَانَا مُحَمَّدٍ صَلَوةً تُنَجِّينَا بِهَا  
 مِنْ جَمِيعِ الْأَهْوَالِ وَالْأَفَاتِ، وَتَقْضِي لَنَا  
 بِهَا جَمِيعَ الْحَاجَاتِ، وَتُطَهِّرُنَا بِهَا مِنْ جَمِيعِ  
 السَّيِّئَاتِ، وَتَرْفَعُنَا بِهَا عِنْدَكَ أَعْلَى الدَّرَجَاتِ،  
 وَتُبَلِّغُنَا بِهَا أَقْصَى الْغَايَاتِ مِنْ جَمِيعِ  
 الْخَيْرَاتِ فِي الْحَيَاةِ وَبَعْدَ الْمَمَاتِ، إِنَّكَ عَلَى  
 كُلِّ شَيْءٍ قَدِيرٌ - (القول البدیع ص ۲۱۰)

Shaikh ul Islam Hazrat Maulana Syed Hussain  
 Ahmad Madani (ra) used to instruct us to recite  
 this Darood 70 times after Isha prayers to ward off  
 troubles and catastrophes.



## SUPPLICATIONS OF HAJJ

### TALBIAH:

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ لَكَ  
لَبَّيْكَ، إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكَ  
لَا شَرِيكَ لَكَ۔ (بخاری شریف)

### SUPPLICATION OF ARAFA

Hazrat Jabir bin Abdullah (raa) reports that the Holy Prophet (pbuh) observed: "On the day of Arafat after sunset, when someone recites the following invocation 100 times, facing ka'aba

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ  
وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ ط

قُلْ هُوَ اللَّهُ أَحَدٌ ۝ اللَّهُ الصَّمَدُ ۝ لَمْ يَلِدْهُ  
وَلَمْ يُولَدْ ۝ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ۝

And then recites the following Darood 100 times

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ، كَمَا  
صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ، إِنَّكَ  
حَمِيدٌ مُجِيدٌ، وَعَلَيْنَا مَعَهُمُ

Allah (swt) will tell His angels: "O my angels! What reward shall I give to this servant of Mine who remembered and praised Me and invoked Darood on My Messenger (pbuh)? O my angels! You be witness that I forgave him and accepted his intercession, and if he had interceded for all the people of Arafat, I would have granted that too."

**SALAAM TO BE RECITED AT THE HOLY  
SHRINE (ROUZA MUBARAK)**

السَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ، السَّلَامُ عَلَيْكَ  
يَا نَبِيَّ اللَّهِ، السَّلَامُ عَلَيْكَ يَا خَيْرَ خَلْقِ اللَّهِ،



اَلسَّلَامُ عَلَیْكَ يَا حَبِیْبُ اللهِ، اَلسَّلَامُ عَلَیْكَ  
یا سَیِّدَ الْمُرْسَلِیْنَ، اَلسَّلَامُ عَلَیْكَ  
یا خَاتَمَ النَّبِیِّیْنَ -

**PREPARE FOR THE DEATH BEFORE YOU DIE:**

(Benefited from Maulana Mufti Mohammed Taqi  
Usmani Saheb (DB))

- \* Have you made your WILL?
- \* Have you repented?
- \* Have you repaid your debts?
- \* Have you paid your wife's dower?
- \* Have you settled all your monetary obligations?
- \* Have you fulfilled all bodily obligations?
- \* Is there any prayer due on you?
- \* Is there any fast due on you?
- \* Is any zakah payable by you?
- \* Is Hajj due on you?





### **ATTENTION PLEASE!**

One can benefit from the supplications mentioned in this booklet **ONLY WHEN:**

- \* Five obligatory prayers are being performed regularly.
- \* Rights of the fellow beings are being well taken care of.
- \* Abstaining from sins.
- \* And avoiding unlawful and suspected acquisitions.

“Abandon not good deeds fearing toil

For toil will end but deeds remain,

Commit not sins seeking pleasure

For pleasure will vanish but sins remain.”